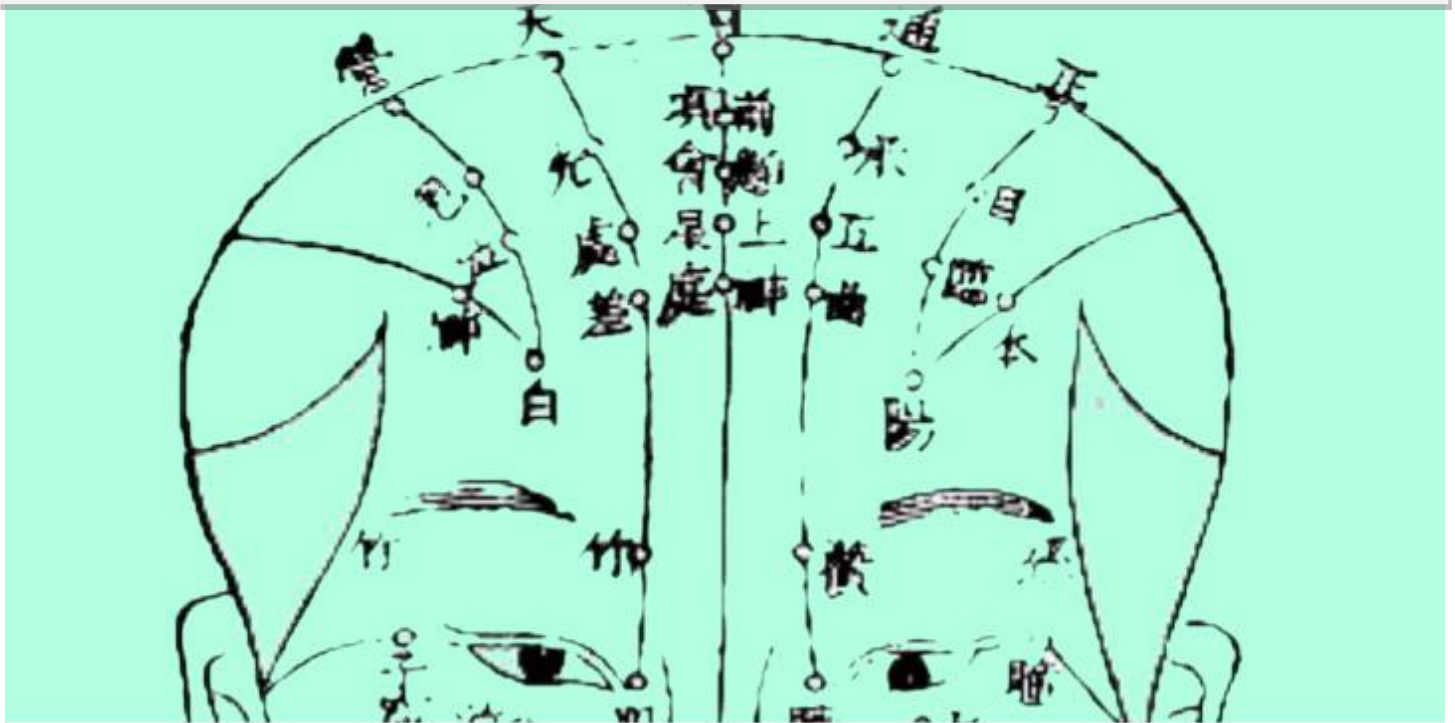


6 – 8 November 2015

London School of Osteopathy, 12 Grange Rd, London SE1 3BE

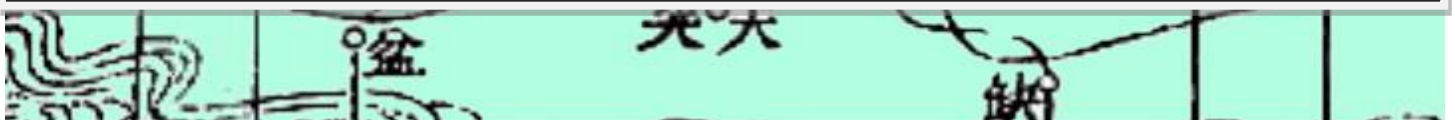


Certification Workshop:

# Facial Acupuncture and Massage

with Virginia Doran M.Ac, L.Ac, LMT (USA)

Classes in Facial Acupuncture and Massage:  
offering you the skills to keep your clients  
naturally radiant using ancient Oriental wisdom



[www.tian-garden-acupuncture.co.uk](http://www.tian-garden-acupuncture.co.uk)

[www.luminousbeauty.com](http://www.luminousbeauty.com)



# Facial Acupuncture and Massage

In our image conscious society, Facial acupuncture and massage are invaluable skills to keep your clients as naturally radiant as possible using ancient oriental wisdom. An experienced teacher and practitioner of Facial Revitalisation in the US, Virginia Doran is a recognised expert and this highly popular workshop is her only visit to the UK this year!



Common sense tells us that treating the underlying cause of aging and imbalance is preferable to masking the symptoms.

This course covers both theoretical and practical components of facial acupuncture and massage, and practitioners are taught how to specifically affect the face while simultaneously treating underlying factors that contribute to the aging process.

You will learn advanced skills in acupuncture, facial massage and acupressure for the face, how to assess which meridians are involved and the specific points to manipulate the movement of energy in the body according to the individual's needs.

Many of these points and techniques are not taught elsewhere, but are based on Virginia's years of professional experience.

Providing facial treatments is also an effective way to attract new patients, many of whom would not otherwise embark upon acupuncture treatment for health reasons.

The acupuncture and massage course forms part one of Virginia's full Facial Rejuvenation Certification Programme.

Full details, links to workshop trailers & DVD info can be found at [www.luminousbeauty.com](http://www.luminousbeauty.com). An audio webinar on the benefits of FRA is here <https://www.youtube.com/watch?v=9tEV0TpxWew>

## Course Details:

# Facial Acupuncture and Massage Certification Workshop

**Tutor:** Virginia Doran M.Ac, L.Ac, LMT (USA)

**Dates:** 6 – 8 November 2015 (21.5 hours total)

**Venue:** London School of Osteopathy, 12 Grange Rd, London SE1 3BE

**Cost:** **3 day workshop £465**      *Registrations after 15 August 2015 - £545*

Early booking is recommended as workshops sell out months in advance and attendance is limited to 26 participants max. Virginia Doran will be accompanied by two experienced assistants to ensure adequate individual attention and clinical supervision.

It is necessary to attend both massage and acupuncture parts as the most effective treatments require both sets of skills and the teaching during the massage day prepares for the acupuncture learning. In some cases you may apply to attend only one part.

Note: Please contact Tian Garden Workshops direct and not the venue with any course-related queries

## About the instructor:

### Virginia Doran M.Ac, L.Ac, LMT (USA)



Virginia Doran has been a teacher and lecturer in the field of holistic health since 1980 on the subjects of massage therapy, acupuncture, aromatherapy, flower essences, Chinese and Western herbs, nutrition and supplements.

Ms Doran is a graduate of the Tri-State College for Traditional Chinese Acupuncture as well as their postgraduate course in Chinese Herbology, and

she is nationally certified (NCCAOM) in acupuncture and Chinese Herbology.

She graduated from the Swedish Institute of Massage and Allied Health Sciences in 1978, where she has since taught postgraduate courses and has been a licensed massage therapist practicing since 1979.

Ms Doran has recently had the great honour of being the first Westerner to teach an acupuncture workshop in Japan.

Ms Doran has been sought out by major television networks to demonstrate acupuncture facial Rejuvenation and has been featured in, and been a consultant to many magazines on acupuncture for facial rejuvenation and dermatological conditions.

To share with others the benefits of her publicity, Virginia created a referral service on her website for her students. She is currently writing two books on facial rejuvenation, one for practitioners and one for the public.

## Workshop Programme

**Friday 6 November 2015, 11.00-18.30 (6.5 hours)**

### **Day 1 - Massage**

Open to acupuncturists, TCM practitioners, final year acupuncture students and massage practitioners. Massage is an integral part of rejuvenating the face, and this hands-on training compliments the results of the acupuncture treatment. You will receive certification from Virginia.

#### **Day 1**

- Facial massage and acupressure techniques for the face
- Point location and techniques practice
- Benefits and contraindications for facial massage
- Specific techniques for signs of aging and imbalance such as double chins, eye bags, and furrows

**Saturday 7 November & Sunday 8 November 2015, 10.00-18.30 both days (15 hours)**

### **Days 2 & 3 - Acupuncture certification**

*(Please note certification is not guaranteed- you must pass both written and practical exams)*

The acupuncture portion is open only to acupuncturists and TCM practitioners. Students nearing the end of their final clinical year with insurance will be considered. This part of the course includes a practical examination and short written test that must be passed in order to receive Virginia Doran's certification.

#### **Day 2**

- History and philosophy of facial acupuncture
- Treatments, benefits, guidelines & contraindications
- Supplies & sources for equipment
- Point selection, protocols and needle techniques for specific conditions such as eye bags, sagging and jowls, drooping eyelids, lip area wrinkles, double chin, redness, dry skin, pallor, facial puffiness including eyelids, facial redness, dry skin, enlarged pores, acne, eyebrow sparseness, age spots, broken capillaries, scars, protruding temporal veins, cheekbone sculpting
- Other important points for the face including distal and auricular points
- Practical demonstration

#### **Day 3**

- Written exam – 25 multiple choice questions
- Practical clinical experience – participants pair up and administer treatment on each other
- Practical exam – participants administer treatment to volunteers (*do you have a friend who would like a free treatment? Bring them along to be your patient!*)
- Q&A and certification

## **General Information**

### **Confirmation of booking**

Bookings are confirmed in writing and full details will be provided along with a receipt for payment. If you have not received email or letter confirmation within 3 weeks, please contact us to check we have received it. Information about the venue location and local accommodation will be sent with confirmation

### **Fees**

The fee includes essential supplies, handouts and certificate. Tea and snacks will be supplied and lunch can be purchased from a range of nearby eateries. Payment must be received before confirmation can be made.

### **Cancellations**

Fees are non-refundable within 28 days prior to the commencement of the course. All refunds are subject to a 10% cancellation fee. In the event the course is cancelled by Tian Garden Workshops or Ms Doran, as much notice as possible will be given and a full refund awarded. However we are unable to reimburse travel or any other costs.

### **Treatment**

Participants are required to give and receive treatment so please dress for a full body treatment. For certification participants are required to undertake a practical examination on Sunday 8 November 2015. You are invited to bring a friend / colleague with no contraindications listed below to give your treatment to. Please indicate below if you are able to bring a patient. They will need to be at the venue between 3pm and 6pm and will be required to sign a consent form.

### **Contraindications**

Facial Acupuncture is contraindicated for some pituitary disorders, heart disorders, diabetes mellitus, high blood pressure, individuals who have a pacemaker or who have a problem with bleeding or bruising, or who currently suffer from migraine headaches. Facial Acupuncture should not be done during pregnancy, during a bout of cold or flu, during an allergic attack or during an acute herpes outbreak.

## BOOKING FORM

Please complete the booking form and return to [workshops@tian-garden-acupuncture.co.uk](mailto:workshops@tian-garden-acupuncture.co.uk) or by post to **Tian Garden Workshops c/o 57 Brierly Gardens London E2 0TF**

Payment methods:

CHEQUE: payable to **Anne-Marie Fouche** and send to the address above  
BACS TRANSFER: email [workshops@tian-garden-acupuncture.co.uk](mailto:workshops@tian-garden-acupuncture.co.uk) for bank account details  
PAYPAL: visit [www.tian-garden-acupuncture.co.uk/workshops](http://www.tian-garden-acupuncture.co.uk/workshops)

Name:

Address:

Postcode:

Tel:

Email:

Please tick the workshop you would like to attend:

Date	Workshop	Book by 15 August 2015	Book after 15 August 2015
<b>6-8 November 2015</b>	<b>Facial Massage &amp; Acupuncture</b>	<b>£465</b> <input type="checkbox"/>	<b>£545</b> <input type="checkbox"/>
6 November 2015	Facial Massage only	£150 <input type="checkbox"/>	£195 <input type="checkbox"/>
7-8 November 2015	Facial Acupuncture only	£395 <input type="checkbox"/>	£475 <input type="checkbox"/>

I have read the cancellation policy above and agree to the terms

I am a fully qualified:

Acupuncturist (Please send copies of qualifications)

I am a final year acupuncture student (*you must obtain insurance before you partake*)

I am happy to give and receive facial acupuncture and full body treatments and will sign a consent form in the workshop. (Please let us know if you are unable to receive a treatment as we can make arrangements)

I have read and currently suffer from none of the contraindications listed above

I am **able** to bring a volunteer patient for the exam on Sunday, 8 November 2015

I am **unable** to bring a volunteer patient for the exam on Sunday, 8 November 2015

I agree to not record the workshop or share the handouts, workshop content or techniques with others who are not attending

How did you hear about this workshop?-----

For any further information please contact Anne-Marie Fouché:

**T: 07719 531085**

**E: [workshops@tian-garden-acupuncture.co.uk](mailto:workshops@tian-garden-acupuncture.co.uk)**

**W: [www.tian-garden-acupuncture.co.uk](http://www.tian-garden-acupuncture.co.uk)**

